

INFERTILITY & ADOPTION COUNSELING CENTER



Workshop Series

Adoption Event for Teens and Tweens

Date: Sunday, November 6, 2011

Time: 2:00pm- 5:00pm

Place: IAC Center- 2 Tree Farm Road, Pennington, NJ 08534

IAC Center is presenting this workshop in cooperation with FCC/Central NJ/Bucks

Come to meet others whose lives have been touched by adoption.

- Share how adoption as shown in popular media (television, movies) feels with people who "get it" and who understand!
- Express yourself through:
 - Creative writing, poetry or song-writing
 - Art, drawing or scrapbooking
 - Yoga instruction
 - Music and movement
 - Or just plain talking about subjects of your choosing

Sample a variety of activities or spend your time enjoying the one you like best.

This workshop has been developed by IAC Center Counselors who have extensive experience working with adoption life cycle issues. According to esteemed Psychologist and author, Irvin Yalom, PhD, "the teen years are a time of tremendous change unmatched any other period of child development." Extensive research shows the years between eight and 16 are particularly challenging for adoptees as they fully cognate adoption and develop their personal identity. Our workshops will provide tweens and teens and their parents a chance to touch base and learn some coping methods and positive ways to communicate at home.

During the teen workshop, parents are invited to participate in a discussion group with an IAC Center Counselor in a separate office suite so that privacy can be enjoyed by all! Separate breakout groups will be provided for "tweens" and teens and we plan to form separate groups for middle and high school age groups.

Workshop Registration Form

Name _____

Teen Event: November 6, 2011

Address _____

___ Teen/Tween and Parent \$45

Phone Number _____

Check for \$_____ is enclosed

Email _____

Please make check payable to: Infertility &
Adoption Counseling Center

Where did you learn about this event? _____

Please Return registration form and payment to IAC Center, 2 Tree Farm Road, Suite A200, Pennington, NJ 08534 or you may register online at: <http://teenadoptionevent.eventbrite.com> For additional information contact IAC Center at info@iaccenter.com or call **609-737-8750** to with any questions, for more information or to inquire about our upcoming teen, tween and parent groups in Pennington and Montclair NJ.